

TECHNICAL SPECIFICATIONS

3-Nations BMX Cup

May 2, 2026 – May 3, 2026

Antoing – Belgium

1. General Information

Organization: Q-BIKE Antoing

Website: www.qbike.be

Email address: qbikebelgium@hotmail.com

Organizers:

- Grégory Seyfarth (Q-Bike Antoing)
- Maggy Estievenart (Q-Bike Antoing)
- John Dubois (Bike Park du Pays Blanc)

Event address: Avenue du Lac 49, 7640 Péronnes-Lez-Antoing, Belgium

Trail manager (trail rental) : info.bikeparkpaysblanc@gmail.com

Q-Bike Antoing hosts the 2026 Three Nations Cup for the first time

The **2026 BMX 3 Nations Cup** will make its first stop in Antoing, Belgium. This international competition will bring together riders from three countries: **Belgium, Germany, and the Netherlands** .

The event will take place as part of the **Bike Park du Pays Blanc** , on the Péronnes-Lez-Antoing peninsula.

Located approximately 10 km from Tournai, the town of Antoing is distinguished by its historical heritage and natural landscapes, particularly around the **Grand Large lake in Péronnes** and the former quarries transformed into natural areas. Antoing and its surroundings offer wonderful opportunities for relaxation for families, sports enthusiasts, and nature lovers.

This environment offers an ideal setting to combine **sport, nature, discovery and conviviality** .

2. The BMX track



The competition will take place on the **track at the Bike Park in Pays Blanc** .

- Runway inaugurated: November 2023
- **Q-Bike Antoing** club was founded in September 2024.

Since its creation, the club has experienced rapid development with **nearly 90 registered pilots** in its first season.

Building on its experience in organizing national events, the club now aims to organize **high-level international competitions** , including the Three Nations Cup.

3. 2026 Three Nations Cup Calendar

Round	Place	Country	Date
R1	Antoing	Belgium	02/05/2026
R2	Antoing	Belgium	03/05/2026
R3	Esselbach	Germany	23/05/2026
R4	Esselbach	Germany	24/05/2026
R5	Kampen	The Netherlands	12/09/2026
R6	Kampen	The Netherlands	13/09/2026

4. Race Categories

Saturday (Participation reserved for Belgian, German and Dutch licensed players)

Cruisers: Men 13/16, Men 17/29, Men 30/49, Men 50+, Women 13+

Girls 8 years and under, 9/10, 11/12, 13/14, 15/16

Boys 8 years and under, 9/10, 11/12, 13/14, 15/16

Sunday (C1 classified race, open to all)

Girls 8 years and under, 9/10, 11/12, 13/14, 15/16, Women 17+

Boys 8 years and under, 9/10, 11/12, 13/14, 15/16, Men 17+

Junior Women / Junior Men

U23 Women / U23 Men

Elite Women / Elite Men

5. Registrations

Pre-registration is done **online via the JSTiming platform** :

<https://registration.jstiming.com>

Late registrations

Registration is possible on race day with the team manager, but **the fee will be tripled** . Foreign drivers can register on-site for Sunday's race at the normal rate.

Round	Place	Date of the event	Registration is now open.	Registration closes	Late registration deadline
R1	Antoing	02/05/2026	30/01/2026	27/04/2026	01/05/2026
R2	Antoing	03/05/2026	30/01/2026	27/04/2026	02/05/2026
R3	Germany	23/05/2026	20/02/2026	18/05/2026	22/05/2026
R4	Germany	24/05/2026	20/02/2026	18/05/2026	23/05/2026
R5	The Netherlands	12/09/2026	12/06/2026	07/09/2026	11/09/2026
R6	The Netherlands	13/09/2026	12/06/2026	07/09/2026	11/09/2026

Each rider must report to their national federation's sports director/team manager. The sports director will verify the registration information and provide the rider with a wristband. At the first race of the season, riders will receive a numbered plate and a side plate, to be used for all Three Nations races.

Runners who have not withdrawn by the deadline will still receive their runner's pack if they notify the sports director or the national federation of their absence on race day. In case of illness or injury, the sports director must be informed of the runner's absence. Runners injured during training must withdraw immediately after the session.

6. Registration fees 2026

Category	Price
Challenge (up to 14 years old)	€20
Challenge 15/16	€20
Men/ Women 17+	€20
Cruiser	€20
Junior	€38
U23	€58
Elite	€58

Price per day and per category.

7. Prizes and awards

Challenge Categories

- Trophies for the **8 finalists**

Championship Categories

Cash prizes according to **UCI BMX C1 2026 regulations** .

If there are fewer than 9 participants in a category :

→ **20% reduction in prizes** .

Ranking	Elite men	Elite women	U23 men	U23 women	Junior men	Junior women	15/16 boys (both days)	15/16 Girls (both days)
1st	800 €	800 €	350 €	350 €	160 €	160 €	80 + Prize *	80 + Prize *
2nd	400 €	400 €	175 €	175 €	70 €	70 €	35 + Prize *	35 + Prize *
3rd	200 €	200 €	85 €	85 €	60 €	60 €	30 + Prize *	30 + Prize *
4th	175 €	175 €	75 €	75 €	50 €	50 €	Prize *	Prize *
5th	150 €	150 €	65 €	65 €	40 €	40 €	Prize *	Prize *
6th	125 €	125 €	55 €	55 €	30 €	30 €	Prize *	Prize *
7th	100 €	100 €	40 €	40 €	20 €	20 €	Prize *	Prize *
8th	75 €	75 €	35 €	35 €	10 €	10 €	Prize *	Prize *
Summary	2.025 €	2.025 €	880 €	880 €	440 €	440 €	145 €	145 €

*** per day**

Overall Cup standings

After the **6 rounds** :

- The **3 best drivers** in each category will receive a medal.
 - In case of a tie: the result of the **last race** will break the tie between the drivers.
 - If one or more races are cancelled, the prize-giving ceremony will not take place during the final.
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Perfect Score Award (New !)

A special prize of **€1000** will be awarded to the driver who has won **the most rounds** across all Championship races (Elite, U23, Junior).

In case of a tie: the amount is shared.

8. Event Program

THURSDAY

18:00 – 21:00
Campsite opens

Friday

10:00 – 21:00: Campsite open

18:00 – 19:30: Collection of race numbers and wristbands from the team leaders

Training:

- 19:00–19:55: up to 12 years old
 - 20:00 – 20:55: 13 years and over / Cruisers
 - 21:00 PM – 21:30 PM: Championship categories
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Saturday – 3 Nations Race

8:00 – 18:00: Camping

9:30 - 10:30: Collection of race numbers and wristbands from the team leaders

10:00 – 12:20: Tests

12:30 – 15:00: Races

15:00 – 16:45: Round of 16, Quarter-finals, Semi-finals and Finals

17:00: Awards ceremony

18:00 - 18:30: Collection of race numbers and wristbands from team leaders

Training:

- 19:00 – 19:45: Challenge category
- 19:45 – 20:30: Championship categories

Sunday – 3 Nations Race (C1)

08:00 – 08:30: Collection of race numbers and wristbands from the team leaders

Training:

- 8:00 – 8:50: up to 14 years old
- 9:00 – 9:20: 15/16, 17+
- 9:20 – 9:50: Championship categories

10:00: Races begin

14:00 (approximately): Ceremonies for categories without a final

After the finals: awards ceremony

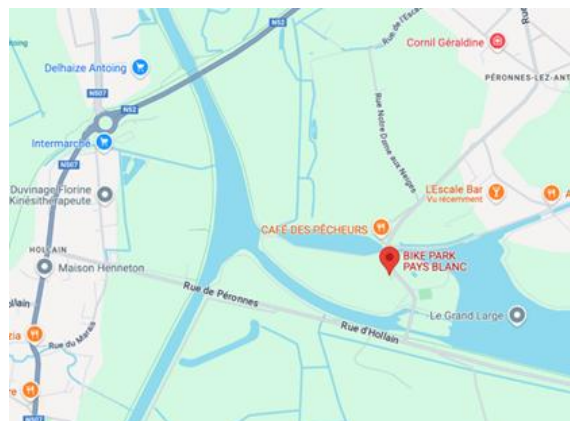
Schedules are subject to change!

During the Sunday morning trials, rows 1 and 2 are reserved for drivers aged 5 to 10 inclusive!

9. Access to the event

E42

motorway, Antoing exit – N52



10. Ticket Office

	SATURDAY	Sunday	Weekend pass
Ages 13 and up	€10	€10	€15
5-12 years old	€6	€6	€10

11. Camping

Reservations: www.qbike.be

Booking period: March 16 – April 29, 2026

Price: €50 per pitch without electricity

Opening :

- Thursday: 18:00 – 21:00
- Friday: 10:00 – 21:00
- Saturday: 08:00 – 18:00

Instructions:

- Follow the instructions of the organization's volunteers.
- There are no numbered pitches; park your motorhome in order of arrival.
- Online booking only; no bookings or payments can be made on site.

12. Teams/Team Spaces

Booking via: www.qbike.be

- Price: **€30 per pitch (3 x 3 m)**. If you require more space than 3 x 3 m, you can reserve 2 or 3 pitches.
 - No parking spaces for teams or trailers
 - No numbered pitches; pitch your tent in order of arrival.
 - Follow the instructions of the volunteers.
 - Online booking only; no bookings or payments can be made on site.
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13. Shops

Booking: www.qbike.be

- Surface area: **12 × 6 m**
 - Price: **€200**
 - Included: **2 tickets**
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14. Regulations

The competition applies the **UCI BMX regulations – Part VI** .

Specific rules:

- **Smoke-free** event
 - **Electric vehicles are prohibited** in the race area.
 - **Official license plates required**
 - Follow the instructions of officials and volunteers
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15. Nearby services and activities

- **Intermarché Hollain** – 1.8 km - <https://www.intermarche.be/magasins/intermarche-hollain/>
- **Escale Aventure, La Marina** – 500 m
 - karting
 - mini-golf
 - indoor park
 - bar and restaurant